



Metro-North Railroad Hudson Line

Effective June 2 – August 5, 2026 only

Grand Central
New York City
Harlem – 125th Street

Yankees – E. 153rd St
Morris Heights
University Heights
Marble Hill
Spuyten Duyvil
Riverdale

Ludlow
Yonkers
Glenwood
Greystone

Hastings-on-Hudson
Dobbs Ferry
Ardsley-on-Hudson
Irvington

Tarrytown
Philipse Manor
Scarborough
Ossining
Croton-Harmon

Cortlandt
Peekskill

Manitou
Garrison
Cold Spring
Breakneck Ridge

Beacon
New Hamburg

Poughkeepsie

Schedule Links

Tuesday – Friday

[To Grand Central
AM Peak & Mornings](#) 4 AM – 12 Noon

[To Grand Central
Afternoons & Nights](#) 12 Noon – 12 Midnight

[To Poughkeepsie
AM Peak & Mornings](#) 5 AM – 12 Noon

[To Poughkeepsie
Afternoons, PM Peak & Nights](#)

12 Noon – 2 AM

[See information on
ADA accommodations](#)

Useful links
[mta.info/mnr](https://www.mta.info/mnr)
[mta.info/schedules](https://www.mta.info/schedules)
[mta.info](https://www.mta.info)

Download the TrainTime App



Key

- A** – [Amtrak](#) connection.
- C** – **Change trains** to continue your trip.
- D** – **Discharges** customers only.
- H** – Stops primarily to discharge customers.
Train may depart up to **5 minutes earlier** than the time shown.
- R** – **Receives** customers only.
- G** – [511NY Rideshare Guaranteed Ride Program](#) Sponsored by NYSDOT.
- **UniTicket** (combined monthly rail/bus ticket) is available for bus service between train station and residential area or worksites.
- Ferry connection.
- [Airport connecting service.](#)
- Tactile warning strips, audio/visual passenger information, ramps, and/or elevators available in station and on platforms.
- Platforms have ramps and/or elevators. An accessible path between platforms or tactile warning strips may not be available.

2026 Holidays

1/1	New Year's Day.....	Special
1/19	M.L.King Jr. Day.....	Saturday + Extras
2/16	Presidents Day.....	Saturday
5/25	Memorial Day.....	Sunday
7/3	Independence Day <i>Observed</i>	Sunday
7/4	Independence Day.....	Saturday
9/7	Labor Day.....	Sunday
11/26	Thanksgiving Day.....	Special
11/27	Friday after Thanksgiving.....	Saturday + Extras
12/24	Christmas Eve.....	<i>Friday</i>
12/25	Christmas Day.....	Hourly
12/31	New Year's Eve.....	Special

Schedule

General Info

Peak tickets are required on trains that:

- Arrive at Grand Central on weekdays between 6 AM – 10 AM
- Depart from Grand Central on weekdays between 6 AM – 9 AM and between 4 PM – 8 PM

Reduced fares

- Senior (65+)/People with Disabilities and Medicare customers will be charged half the peak fare. [Must present proper ID.](#)
[See details](#)

Bicycles

Visit our website at [mta.info](https://www.mta.info) for our [full bike policy](#).



– Bicycles NOT permitted on:

- inbound AM peak trains
- on trains with the NO BIKE symbol
- outbound PM peak trains
- or on some holidays

Weekday off-peak trains

unless noted allow a maximum 4 bicycles per train:
no more than 2 bicycles per car.

Weekend off-peak trains

allow a maximum 8 bicycles per train:
no more than 2 bicycles per car.



– **“Bike Train”** a maximum of 15 bicycles are permitted on trains marked with this symbol.



– **New York State Law prohibits smoking and vaping on all MTA Metro-North Railroad property** at all times. Including, but not limited to all trains; stations; terminals; platforms; ticketing, waiting, and boarding areas; elevators; and staircases.

More Details on:

[Ticket Information](#)

[Contact Information](#)

[Connecting Services](#)

MILES	TO NEW YORK	AM PEAK OFF-PEAK															
		842	740	742	844	744	4844	4744	846	746	850	750	854	754	858	758	
74	Poughkeepsie  	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	
65	New Hamburg  	8 01			8 30	8 40	8 51		8 57	9 48	10 48					11 48	
59	Beacon  	8 10			8 40	8 47	9 01		9 07	9 58	10 58					11 58	
52	Cold Spring  	8 18			8 47		9 08		9 14	10 05	11 05					12 05	
50	Garrison  	8 25			8 56				9 23	10 14	11 14					12 14	
41	Peekskill  	8 30			9 00				9 27	10 18	11 18					12 18	
38	Cortlandt  	8 41			9 12		9 28		9 39	10 30	11 30					12 30	
33	Croton-Harmon <i>Ar.</i>  	8 46			9 17				9 44	10 35	11 35					12 35	
33	Croton-Harmon <i>Lv.</i>  	8 55	8 41	8 59	9 27	9 13	9 38	9 34	9 54	10 45	10 52	11 45	11 55	12 45			
31	Ossining  		8 45	9 03		9 17		9 38	9 58	10 01	10 49	10 56	11 49	11 59	12 49		
30	Scarborough  		8 47	9 06		9 19		9 40		10 03		10 58		12 01			
27	Philipse Manor  		8 51	9 10		9 23		9 44		10 07		11 02		12 05			
25	Tarrytown  		8 54	9 13		9 26		9 47	10 06	10 10	10 57	11 04	11 57	12 07	12 57		
23	Irvington  		8 58	9 16		9 29		9 50		10 13		11 08		12 11			
22	Ardasley-on-Hudson  		9 00	9 18		9 32		9 53		10 16		11 10		12 13			
21	Dobbs Ferry  		9 02	9 21		9 34		9 55		10 18		11 12		12 15			
20	Hastings-on-Hudson  		9 04	9 23		9 36		9 57		10 20		11 14		12 17			
18	Glenstone  		9 07			9 40		10 01		10 24		11 17		12 20			
16	Glenwood  		9 10			9 43		10 04		10 27		11 20		12 23			
15	Yonkers  		9 13	9 29		9 45		10 06		10 29		11 23		12 26			
14	Ludlow  		9 15			9 47		10 08		10 31		11 25		12 28			
13	Riverdale  		9 17			9 50		10 11		10 34		11 27		12 30			
11	Spyten Duyvil  		9 22			9 55		10 16		10 38		11 32		12 35			
10	Maurten Hill  		9 24			9 58		10 19		10 42		11 35		12 38			
9	University Heights  		9 27			10 01		10 22		10 45		11 38		12 40			
8	Morris Heights  		9 28			10 02		10 23		10 46		11 40		12 42			
6	Yankees-E. 153rd Street  		9 33			10 07		10 28		10 51		11 46		12 49			
4	Harlem-125th Street  	H 9 33 AM	H 9 40 AM	H 9 47 AM	H 10 05 AM	H 10 11 AM	H 10 17 AM	H 10 33 AM	H 10 37 AM	H 10 55 AM	H 11 27 PM	H 11 53 PM	H 12 27 PM	H 12 56 PM	H 1 27 PM	H 1 41 PM	
0	Grand Central  	9 46 AM	9 52 AM	9 59 AM	10 17 AM	10 25 AM	10 28 AM	10 45 AM	10 50 AM	11 09 AM	11 41 AM	12 06 PM	12 41 PM	1 08 PM	1 41 PM		

MILES	TO NEW YORK																																OFF-PEAK					
		750	854	754	858	758	760	862	762	764	866	766	768	870	770	772	874	774	876	776	878	778	880	780	882	782	886	786	890	790	892	792	894 794	896 796	898 798			
74	Poughkeepsie  	AM	AM	AM	AM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM		
65	New Hamburg  		10 58		11 58			12 58			1 58			3 06			4 02		4 41		5 01		5 36		6 03		7 05		8 05		8 59		C 9 58	C 10 58	C 12 09			
59	Beacon  		11 05		12 05			1 05			2 05			3 14			4 10		4 49		5 09		5 54		6 11		7 13		8 13		9 07		C 10 06	C 11 06	C 12 17			
52	Cold Spring  		11 14		12 14			1 14			2 14			3 22			4 18				5 17				6 19		7 21		8 21		9 16		C 10 14	C 11 14	C 12 25			
50	Garrison  		11 18		12 18			1 18			2 18			3 26			4 22				5 21				6 23		7 25		8 25		9 20		C 10 18	C 11 18	C 12 29			
41	Peekskill  		11 30		12 30			1 30			2 30			3 37			4 33		5 08		5 32		6 13		6 34		7 36		8 36		9 32		C 10 29	C 11 29	C 12 40			
38	Cortlandt  		11 35		12 35			1 35			2 35			3 42			4 38				5 37				6 39		7 41		8 41		9 37		C 10 34	C 11 34	C 12 45			
33	Croton-Harmon <i>Ar.</i>  																																C 10 47	C 11 47	C 12 58			
33	Croton-Harmon <i>Lv.</i>  	10 52	11 45	11 55	12 45	12 55	1 27	1 45	1 55	2 27	2 45	2 55	3 27	3 51	3 58	4 24	4 47	4 56	5 19	5 30	5 46	6 01	6 24	6 32	6 48	7 00	7 50	7 56	8 50	8 55	9 46	9 56	10 55	12 05	1 04			
31	Ossining   	10 56	11 49	11 59	12 49	12 59	1 31	1 49	1 59	2 31	2 49	2 59	3 30	3 55	4 02	4 28	4 51	5 00	5 23	5 34	5 50	6 05	6 28	6 36	6 52	7 04	7 54	8 00	8 54	8 59	9 50	10 00	10 59	12 09	1 08			
30	Scarborough  	10 58		12 01		1 01			2 01			3 01			4 04	4 30		5 02		5 36		6 07				7 06		8 02		9 01		10 02	11 01	12 11	1 10			
27	Philipse Manor  	11 02		12 05		1 05			2 05			3 05			4 08	4 34		5 06		5 40		6 11				7 10		8 06		9 05		10 06	11 05	12 15	1 14			
25	Tarrytown  	11 04	11 57	12 07	12 57	1 07	1 38	1 57	2 07	2 38	2 57	3 07	3 37	4 03	4 10	4 36	4 59	5 08	5 31	5 42	5 58	6 13	6 36	6 43	7 00	7 12	8 02	8 08	9 02	9 07	9 58	10 08	11 07	12 17	1 16			
23	Irvington  	11 08		12 11		1 11	1 41			2 11	2 41			3 11	3 40		4 14	4 40		5 12		5 46		6 17			6 46		7 16		8 12		9 11		10 12	11 11	12 21	1 20
22	Ardasley-on-Hudson  	11 10		12 13		1 13				2 13				3 13			4 16	4 42		5 14		5 48		6 19			7 18		8 14		9 13		10 14	11 13	12 23	1 22		
21	Dobbs Ferry  	11 12		12 15		1 15	1 44			2 15	2 44			3 15	3 43		4 18	4 44		5 16		5 50		6 21		6 49		7 20		8 16		9 15		10 16	11 15	12 25	1 24	
20	Hastings-on-Hudson  	11 14		12 17		1 17	1 46			2 17	2 46			3 17	3 46		4 20	4 46		5 18		5 52		6 23		6 51		7 22		8 18		9 17		10 18	11 17	12 27	1 26	
18	Greystone  	11 17		12 20		1 20				2 20				3 20			4 23	4 49		5 21		5 55		6 26			7 25		8 21		9 20		10 21	11 20	12 30	1 29		
16	Glenwood  	11 20		12 23		1 23				2 23				3 23			4 26	4 52		5 24		5 58		6 29			7 28		8 24		9 23		10 24	11 23	12 33	1 32		
15	Yonkers  	11 23		12 26		1 26	1 52			2 25	2 52			3 26	3 52		4 28	4 55		5 27		6 01		6 32		6 57		7 31	8 13	8 27	9 13	9 26	10 09	10 27	11 26	12 36	1 35	
14	Ludlow  	11 25		12 28		1 28				2 27				3 28			4 30	4 57		5 29		6 03		6 34			7 33		8 29		9 28		10 29	11 28	12 39	1 38		
13	Riverdale  	11 27		12 30		1 30	1 56			2 30	2 56			3 30	3 55		4 33	4 59		5 31		6 05		6 36			7 35		8 31		9 30		10 31	11 30	12 41	1 40		
11	Spuyten Duyvil  	11 32		12 35		1 35	2 00			2 34	3 00			3 35	3 59		4 37	5 04		5 36		6 10		6 41			7 40		8 36		9 35		10 36	11 35	12 45	1 44		
10	Marble Hill  	11 35		12 38		1 38	2 03			2 37	3 03			3 38	4 02		4 40	5 07		5 39		6 13		6 44			7 43		8 39		9 38		10 39	11 38	12 49	1 47		
9	University Heights  	11 38		12 40		1 40				2 40				3 40	4 05		4 42	5 09		5 41		6 15		6 46			7 45		8 41		9 40		10 41	11 40	12 51			
8	Morris Heights  	11 40		12 42		1 42				2 42				3 42	4 07		4 44	5 11		5 43		6 17		6 48			7 47		8 43		9 42		10 43	11 42	12 53			
6	Yankees-E. 153rd Street  	11 46		12 49		1 49				2 49				3 49			4 48	5 17		5 49		6 23		6 53			7 52		8 49		9 49		10 50	11 49	12 59			
4	Harlem-125th Street   	H 11 53	H 12 27	H 12 56	H 1 27	H 1 56	H 2 17	H 2 27	H 2 56	H 3 17	H 3 27	H 3 56	H 4 20	H 4 32	H 4 55	H 5 22	H 5 28	H 5 54	H 6 02	H 6 29	H 6 32	H 6 58	H 7 07	H 7 20	H 7 30	H 7 58	H 8 32	H 8 54	H 9 33	H 9 56	H 10 31	H 10 57	H 11 56	H 1 06	H 2 01			
0	Grand Central  	12 06	12 41	1 08	1 41	2 08	2 29	2 41	3 08	3 29	3 41	4 08	4 31	4 47	5 08	5 36	5 43	6 07	6 15	6 42	6 45	7 09	7 19	7 32	7 42	8 10	8 44	9 06	9 46	10 08	10 43	11 09	12 08	1 17	2 12			
		PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM		

MILES	TO POUGHKEEPSIE	AM PEAK													AM PEAK								OFF-PEAK							
		703	803	705	805	707	807	709	809	711	713	813	715	717	817	719	721	821	725	825										
0	Grand Central	AM 5:35	AM 6:14	AM 6:21	AM 6:46	AM 6:50	AM 7:19	AM 7:23	AM 7:39	AM 7:45	AM 8:13	AM 8:48	AM 8:59	AM 9:14	AM 9:35	AM 9:58	AM 10:14	AM 10:42	AM 11:14	AM 11:47										
4	Harlem-125th Street	5:45	R 6:25	6:31	R 6:57	7:00	R 7:30	7:33	R 7:50	7:55	8:23	R 8:59	9:10	9:24	R 9:46	10:08	10:24	R 10:53	11:24	R 11:58										
6	Yankees-E. 153rd Street	5:49		6:35		7:04		7:37		7:59	8:28			9:28			10:29		11:29											
8	Morris Heights	5:52		6:38		7:07		7:40		8:02	8:32			9:32			10:32		11:32											
9	University Heights	5:54		6:40		7:09		7:42		8:04	8:34			9:34			10:34		11:34											
10	Marble Hill	5:56	6:33	6:42	7:05	7:11	7:39	7:44	7:59	8:06	8:36		9:20	9:36		10:18	10:36		11:36											
11	Spuyten Duyvil	5:58		6:44		7:13		7:46		8:08	8:38		9:22	9:38		10:21	10:38		11:38											
13	Riverdale	6:02		6:48		7:17		7:50		8:12	8:42		9:26	9:42		10:24	10:42		11:42											
14	Ludlow	6:04		6:50		7:19		7:52		8:14	8:45			9:44			10:44		11:44											
15	Yonkers	6:07	6:41	6:53	7:13	7:22	7:48	7:55	8:08	8:17	8:48		9:30	9:47		10:28	10:47		11:47											
16	Glenwood	6:09		6:55		7:24		7:57		8:19	8:50			9:49			10:49		11:49											
18	Greystone	6:12		6:58		7:27		8:00		8:22	8:53			9:52			10:52		11:52											
20	Hastings-on-Hudson	6:15		7:01		7:30		8:03		8:25	8:56		9:36	9:55		10:34	10:55		11:55											
21	Dobbs Ferry	6:18		7:04		7:33		8:06		8:28	8:59		9:39	9:58		10:37	10:58		11:58											
22	Ardsley-on-Hudson	6:20		7:06		7:35		8:08		8:30	9:01		9:42	10:00			11:00		12:00											
23	Irvington	6:22		7:08		7:37		8:10		8:32	9:03		9:42	10:03		10:41	11:03		12:03											
25	Tarrytown	6:26	6:52	7:12	7:24	7:41	7:59	8:14	8:21	8:36	9:07	9:25	9:46	10:07	10:14	10:45	11:07	11:20	12:07	12:25										
27	Philipse Manor	6:28		7:14		7:43		8:16		8:38	9:10			10:09			11:09		12:09											
30	Scarborough	6:32		7:18		7:47		8:20		8:42	9:14			10:13			11:13		12:13											
31	Ossining	6:35	7:00	7:21	7:32	7:50	8:07	8:23	8:29	8:45	9:17	9:33	9:53	10:16	10:22	10:52	11:16	11:28	12:16	12:33										
33	Croton-Harmon Ar.	6:45		7:32		8:00		8:34		8:56	9:26		10:02	10:26		11:01	11:25		12:26											
33	Croton-Harmon Lv.		7:05		7:37		8:12		8:35			9:38			10:28			11:34		12:39										
38	Cortlandt		7:13		7:45		8:20		8:42			9:46			10:36			11:42		12:47										
41	Peekskill		7:18		7:50		8:25		8:47			9:51			10:41			11:47		12:52										
50	Garrison		7:29		8:01		8:36		8:58			10:02			10:52			11:59		1:04										
52	Cold Spring		7:33		8:05		8:40		9:02			10:06			10:56			12:03		1:08										
59	Beacon		7:41		8:13		8:48		9:11			10:15			11:05			12:11		1:16										
65	New Hamburg		H 7:49		H 8:21		H 8:56		H 9:19			H 10:23			H 11:13			H 12:19		H 1:24										
74	Poughkeepsie		8:07		8:38		9:13		9:38			10:40			11:30			12:37		1:42										
		AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM									

MILES	TO POUGHKEEPSIE	OFF-PEAK															PM PEAK (BICYCLES NOT PERMITTED ON PEAK TRAINS)																						
		821	725	825	729	829	4833	733	833	4735	4835	737	837	739	839	741	841	443	745	843	747	749	847	753	849	851	755	757	461	853	855	759	4761	761	465	857			
0	Grand Central	AM 10 42	AM 11 14	AM 11 47	PM 12 14	PM 12 47	PM 1 18	PM 1 20	PM 1 43	PM 1 51	PM 2 18	PM 2 20	PM 2 43	PM 2 48	PM 3 18	PM 3 20	PM 3 48	PM 3 51	PM 4 07	PM 4 15	PM 4 19	PM 4 38	PM 4 47	PM 4 54	PM 5 09	PM 5 11	PM 5 17	PM 5 20	PM 5 23	PM 5 30	PM 5 32	PM 5 36	PM 5 36	PM 5 39	PM 5 43	PM 5 54			
4	Harlem-125th Street	R 10 53	R 11 24	R 11 58	R 12 24	R 12 58	R 1 29	R 1 30	R 1 53	R 2 01	R 2 29	R 2 30	R 2 54	R 2 58	R 3 29	R 3 31	R 3 59	R 4 01	R 4 17	R 4 26	R 4 29	R 4 48	R 4 58	R 5 05	R 5 20	R 5 22	R 5 28	R 5 30	R 5 33										
6	Yankees-E. 153rd Street		11 29		12 29		WILL OPERATE 5/22, 7/2 & 9/4 ONLY	1 34		2 05		2 34		3 02		3 35		4 05			4 34			5 09				5 34	5 37							5 57			
8	Morris Heights		11 32		12 32			1 38		2 09		2 38		3 06		3 39		4 09			4 38			5 13				5 40	5 40						6 00				
9	University Heights		11 34		12 34			1 40		2 11		2 40		3 08		3 40		4 11			4 39			5 15				5 42	5 42						6 02				
10	Marble Hill		11 36		12 36			1 42		2 13		2 42		3 10		3 42		4 13			4 42			5 17				5 40	5 45						6 05				
11	Spuyten Duyvil		11 38		12 38			1 44		2 15		2 44		3 12		3 44		4 16			4 44			5 20				5 47	5 47						6 07				
13	Riverdale		11 42		12 42			1 48		2 19		2 48		3 16		3 48		4 19			4 48			5 24				5 50	5 50						6 10				
14	Ludlow		11 44		12 44			1 50		2 21		2 50		3 18		3 51		4 22			4 50			5 27				5 53	5 53						6 13				
15	Yonkers		11 47		12 47			1 53		2 24		2 53		3 21		3 53		4 24		H 4 34			4 53			5 30		5 56	5 56						6 16				
16	Glenwood		11 49		12 49			1 55		2 26		2 55		3 23		3 56		4 26			4 55			5 32				5 58	5 58						6 18				
18	Greystone		11 52		12 52			1 58		2 29		2 58		3 26		3 59		4 33			4 58			5 35				6 04	6 04						6 24				
20	Hastings-on-Hudson		11 55		12 55		2 01		2 33		3 01		3 29		4 02				H 4 40			5 01	H 5 10				5 54	5 54						6 08					
21	Dobbs Ferry		11 58		12 58		2 04		2 36		3 04		3 32		4 04				H 4 43			5 04	H 5 13				5 56	5 56						6 11					
22	Ardsley-on-Hudson		12 00		1 00		2 06		2 38		3 06		3 34		4 06				H 4 45			5 06	H 5 15				5 59	5 59						6 14					
23	Irvington		12 03		1 03		2 09		2 41		3 09		3 37		4 09				H 4 47			5 09	H 5 17				6 01	6 01						6 18					
25	Tarrytown		12 07	12 25	1 07	1 25	2 13	2 23	2 46		3 13	3 22	3 41		4 13				H 4 51			5 12	H 5 21			5 49	6 05	6 05						6 22					
27	Philipse Manor		12 09		1 09		2 15		2 48		3 15		3 43		4 15				H 4 54			5 15	H 5 24			5 52	6 08	6 08						H 6 12					
30	Scarborough		12 13		1 13		2 19		2 52		3 19		3 47		4 19				H 4 58			5 19	H 5 28			5 56	6 12	6 12						H 6 16					
31	Ossining		12 16	12 33	1 16	1 33	2 22	2 31	2 55		3 22	3 30	3 50		4 22				H 5 01			5 22	H 5 31			5 59	6 15	6 15						H 6 20					
33	Croton-Harmon	Ar. Lv.			1 26		2 32		3 04		3 32		3 59		4 32				5 10			5 31	5 40				6 19	6 24						H 6 23					
33	Croton-Harmon		11 34	12 39		1 39	2 07		2 37		3 07		3 36		4 05		4 33			5 02			5 32			5 57		6 17	6 17						6 35				
38	Cortlandt		11 42		12 47		1 47	2 14	2 45		3 14		3 44		4 12		4 40			5 09			5 40			H 6 04		6 25	6 25						6 48				
41	Peekskill		11 47		12 52		1 52	2 19	2 50		3 19		3 49		4 17		4 45			5 15			5 45			H 6 09		6 30	6 30						6 53				
50	Garrison		11 59		1 04		2 04	2 31	3 01		3 31		4 00		4 29		4 57			5 25			5 56			H 6 20		6 41	6 41						7 04				
52	Cold Spring		12 03		1 08		2 08	2 35	3 05		3 35		4 04		4 33		5 01			5 30			6 00			H 6 24		6 46	6 46						7 09				
59	Beacon		12 11		1 16		2 16	2 44	3 14		3 44		4 13		4 42		5 10			5 38			6 10			H 6 19	6 38		H 6 41	6 54					7 17				
65	New Hamburg		H 12 19		H 1 24		H 2 24	H 2 52	H 3 22		H 3 52		H 4 21		H 4 50		H 5 17			H 5 46			H 6 17			H 6 26		H 6 48	H 7 02						H 7 25				
74	Poughkeepsie		12 37		1 42		2 42	3 09	3 40		4 09		4 39		5 09		5 42			6 04			6 35			6 37		6 58	7 18						7 39				

MILES	TO POUGHKEEPSIE	PM PEAK																				OFF-PEAK										OFF-PEAK				
		765	469	863	865	767	769	771	869	775	875	477	777	877	781	881	483	783	883	785	787	887	789	791	891	793	795	895	797	897	799	701 801				
0	Grand Central	PM 6 00	PM 6 06	PM 6 12	PM 6 15	PM 6 22	PM 6 25	PM 6 28	PM 6 46	PM 6 53	PM 7 19	PM 7 23	PM 7 35	PM 7 51	PM 7 59	PM 8 27	PM 8 32	PM 8 42	PM 9 04	PM 9 13	PM 9 22	PM 9 47	PM 9 56	PM 10 22	PM 10 47	PM 10 58	PM 11 26	PM 11 52	PM 12 22	PM 12 48	PM 1 10	PM 1 50				
4	Harlem-125th Street	R 6 10	6 16	R 6 23	R 6 26			6 38	R 6 57	7 03	R 7 30	7 33	7 45	R 8 02	8 09	R 8 38	8 42	R 8 52	R 9 15	R 9 23	9 32	R 9 58	R 10 07	10 32	R 10 58	R 11 09	11 36	R 12 03	12 32	R 12 59	1 20	2 00				
6	Yankees-E. 153rd Street							6 43		7 08		7 37		8 14		8 47	8 57				9 37			10 36			11 41		12 37		1 25	2 05				
8	Morris Heights							6 46		7 11		7 40		8 17		8 50					9 40			10 40			11 44		H 12 41		H 1 29	2 09				
9	University Heights							6 48		7 13		7 42	↓	8 19		8 52					9 42			10 42			11 46		H 12 43		H 1 31	2 11				
10	Marble Hill							6 51		7 16		7 44	7 53	8 22		8 54	9 02				9 44			10 44			11 48		H 12 45	H 1 09	H 1 33	2 13				
11	Spuyten Duyvil	G	♿					6 53		7 18		7 47		8 24		8 56					9 46		H 10 19	10 46		H 11 21	11 50	H 12 15	H 12 47	H 1 11	H 1 35	2 15				
13	Riverdale	G	♿					6 57		7 22		7 50		8 28		9 00					9 50		H 10 22	10 50		H 11 24	11 54	H 12 19	H 12 51	H 1 15	H 1 39	2 19				
14	Ludlow		↓					7 00		7 25		7 53		8 31		9 02					9 52			10 52			11 56		H 12 54		H 1 42	2 22				
15	Yonkers	A	♿	6 26	6 36		6 50	7 03		7 27		7 56	8 02	8 34		9 05	9 10		H 9 40		9 55		H 10 27	10 55		H 11 29	11 59	H 12 22	H 12 56	H 1 19	H 1 44	2 25				
16	Glenwood							7 05		7 30		7 58		8 36		9 07					9 57			10 57			12 01		H 12 58		H 1 46	2 27				
18	Greystone							7 08		7 33		8 04		8 39		9 13					10 00			11 00			12 04		H 1 01		H 1 49	2 30				
20	Hastings-on-Hudson							6 56	7 11		7 36			8 09	8 42		9 16			H 9 46	10 03		H 10 33	11 03		H 11 35	12 07	H 12 30	H 1 04	H 1 25	H 1 52	2 33				
21	Dobbs Ferry							6 59	7 14		7 38			8 11	8 45		9 18			H 9 49	10 06		H 10 35	11 06		H 11 37	12 10	H 12 33	H 1 07	H 1 27	H 1 55	2 36				
22	Ardsley-on-Hudson							7 01	7 16		7 41			8 14	8 47		9 21				10 08				11 08			12 12		H 1 09		H 1 57	2 38			
23	Irvington							7 03	7 18		7 43			8 16	8 49		9 23			H 9 53	10 11		H 10 40	11 11		H 11 42	12 15	H 12 37	H 1 12	H 1 31	H 2 00	2 41				
25	Tarrytown	G	♿					H 6 58	7 07	7 22		7 47		8 21	8 53		9 27			H 9 57	10 15		H 10 44	11 15		H 11 46	12 19	H 12 41		H 1 16	H 1 35	H 2 04	2 45			
27	Philipse Manor		♿					H 7 01	7 10	7 25		7 49		8 24	8 55		9 30				10 17			11 17			12 19		H 1 19		H 1 27	H 2 07	2 48			
30	Scarborough							H 7 05	7 14	7 29		7 53		8 28	8 59		9 34				10 21		H 10 50	11 21		H 11 52	12 25	H 12 47	H 1 23	H 1 42	H 2 11	2 52				
31	Ossining	G	♿					H 7 08	7 17	7 32		7 56		8 31	9 02		9 37			H 10 05	10 24		H 10 53	11 24		H 11 55	12 28	H 12 50	H 1 26	H 1 45	H 2 14	2 55				
33	Croton-Harmon Ar.	A	♿											8 37	9 11		9 46				10 12	10 33			11 33		12 02	12 37		1 35	2 25	3 03				
33	Croton-Harmon Lv.	A	♿					7 31			8 07			8 39		9 16			9 53			10 36			11 36			H 12 56		H 1 51		C 3 08				
38	Cortlandt							7 39		7 49		8 13		8 45	9 23		9 28			10 00			10 43			11 43			H 1 03		H 1 59		C 3 16			
41	Peekskill							7 15		7 44		8 18		8 50	9 28				10 05			10 48			11 48			H 1 08		H 2 04		C 3 21				
50	Garrison							7 28		7 55		8 29		9 01	9 40				10 17			11 00			12 01			H 1 20		H 2 16		C 3 32				
52	Cold Spring							7 33		8 00		8 34		9 06	9 44				10 21			11 04			12 04			H 1 24		H 2 20		C 3 36				
59	Beacon	X	G	♿					8 09		8 42			9 14		9 53			10 30			11 13			12 13			H 1 33		H 2 29		C 3 44				
65	New Hamburg	G	♿					H 8 17		H 8 17				H 9 22		H 10 01			H 10 38			H 11 21			H 12 21			2 01		H 2 37		C 3 52				
74	Poughkeepsie	G	A	♿					8 34		9 06			9 38	PM	PM	10 20	PM	PM	PM	PM	PM	PM	PM	PM	AM	AM	AM	AM	AM	AM	AM	AM			

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